

# *Forever Flawless Medical Aesthetics and Laser*

## **Skin Classic**

### **Aftercare Instructions**

After a treatment with the Skin classic it is common see and feel redness and irritation. Some crusting may form on areas involved.

- DO NOT pick at any area with crusting. Prematurely removing the crust may result in hyperpigmentation or scarring. If irritation persists past a few hours, ice the area with a clean bag of frozen vegetables or an ice pack wrapped in a clean cloth or paper towel. Try to maintain 10 minutes on and 10 minutes off with no more than 20 minutes of ice-skin contact within 1 hour.
- DO NOT use any abrasive products or brushes on your face for 72 hours. This includes exfoliating face wash, loofah sponges or Clarisonic type cleansing brushes. Keep your skin clean and moisturized during the day. When cleansing the face or showering use mild products without alcohol and pat dry instead of rubbing to prevent removal of crust. Avoid excessively hot water during bathing, including hot tubs and saunas.
- Do not apply make-up to the treated area for 24 hours after treatment. Make up may be worn over moisturizing sun block after 24 hours. Avoid direct sunlight immediately following treatment. Daily moisturizing sun block SPF 30 or higher is recommended regardless of weather. Sun block is your first defense against anti-aging.
- Do not use any other form of peeling or bleaching products for 30 days. Do not have any laser or ablative treatments on the treated area for at least 30 days. Do not have any aggressive facials or facial treatments including microdermabrasion or dermaplaning on treated areas for at least 30 days. It is ok to get treatments around treated areas, but please inform your esthetician that you had a high frequency treatment before hand, and where it was performed.
- After crust sloughs the skin may be pink and tender. Continue to use SPF 30 on treated area until skin has returned to normal color.