

# Forever Flawless Medical Aesthetics and Laser

## HAIR REMOVAL AFTER CARE FORM

1. Immediately after the treatments, there may be redness and bumps at the treatment area, which may last up to 2 hours or longer. It is normal for the treated area to feel like sunburn for a few hours. Use a cold compress and aloe vera gel if needed. If any crusting forms after treatment, apply antibiotic cream (such as Neosporin). Individuals with darker toned skin may have more or longer lasting discomfort than lighter toned individuals, and may require the aloe vera gel or an antibiotic ointment for a longer period of time. A few individuals may experience a histamine reaction that can result in itchy, irritated bump in the treatment area. If this occurs apply 1% hydrocortizone cream to the area and contact your provider.
2. Makeup may be used after the treatment, unless there is epidermal blistering. If makeup is needed, mineral makeup is recommended post treatment. A gentle moisturizer (such as Cetaphil) may be used post treatment. Cleansers or creams containing acne treatment, Retinols, Retin-A, AHA/BHB, and acids should be avoided on treated area for up to a week post treatment.
3. Avoid sun exposure to treatment area for one week to reduce the chance of dark or light spots. Use sunscreen SPF 30 or higher at all times throughout the treatment, if area is visible to sun.
4. Avoid picking or scratching the treated skin. **DO NOT** wax or tweeze the treated area during the course of your laser treatments, as it will prevent you from achieving your best results. Shaving the treated area is suggested.
5. You may shower after the laser treatments, use soap, and deodorant, etc. The treated area may be washed gently with a mild soap post treatment. You may apply deodorant or lotions post treatment.
6. Hair re-growth occurs at different rates on different areas of the body. Stubbles, representing dead hair being shed from the hair follicle, will appear within 10-20 days from the treatment date. You can help the hair shed by using a light exfoliant, loofah, or shaving.
7. Minimize internal and external heat sources (such as sauna, steam room, hot tub, steam showers) and friction to reduce hyperpigmentation. Exercise is not recommended for 24-72 hours post treatment.

*Call Forever Flawless (480) - 815-7112 with any questions or concerns you may have after the treatment.*