Dermal Fillers Aftercare Instructions

Immediately after the treatment, there may be slight redness, swelling, tenderness and an itching sensation in the treated area. This is a normal result of the injection. The inconvenience is temporary and generally disappears in a day or two. If the inconvenience continues or if other reactions occur, please contact the practice.

Apply an ice pack to the treated area, this will reduce the initial swelling.

If you are having lip treatment the initial swelling may last longer. It can last for about a week and the lips may look somewhat uneven during this time, therefore, the result directly after this treatment should not be seen as the final result.

Avoid touching the treated area within 6 hours following treatment. After that, light make-up can be applied and the area can be gently washed with soap and water.

Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (eg. Solarium and Sunbathing) or extreme cold.

If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another eruption of cold sores.

If you are using aspirin or any similar medication, be aware that these may increase the bruising and bleeding at the injection site.

Since the dermal filler is absorbed, the correction effect reduces over time. Most people choose to be treated again within six months of the original treatment.